



Fly Refresh '16

Randfontein High School

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A NEW DEPUTY ON THE BLOCK

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To those loyal Fly Refresh readers who have not heard the good news yet, you are in for a treat !

Mr J.L.A Fisher is the new deputy principal joining Mrs A Appelcryn and Mrs M Henning on the executive panel. After a long and rigorous selection process , Mr Fisher has come out tops. His strong work ethic, determination, lion spirit and religious convictions have led to his success. His induction was made official at the beginning of the second term. He has been in this school for thirteen years - a lifetime if you ask me . At the same time , we would also like to celebrate Ms Brenner for the contributions that she has made to RHS and hope that Mr Fisher will continue to uphold our school's name.

Mr Fisher is currently the manager of many activities at school including: chess, debating, public speaking, legion of eagles and many more. He approaches his work with great sedulity which is then manifested in the triumph of the aforementioned. Moreover, he procured a nation teacher's award last year ! This had nothing to do with luck ...

In an interview with Mr Fisher, he mentioned that he wants to focus more on finding ways of improving

the academic results at school by focusing on the Senior Phase to ensure academic depth, developing grade 8's and 9's to have a flair for academic excellence in order for them to obtain more distinctions at the end of their grade 12 year. Furthermore, he also wants more interaction between the learners, teachers and the digital system in place. Now this is a recipe for success!

The Fly Refresh team and the school would like to congratulate Mr Fisher on this extraordinary feat.

Here is a tip - free of charge : DO NOT EVER COME TO SCHOOL WITHOUT PROPER UNIFORM OR EVEN YOUR ENGLISH BOOK ! I do not need to tell you what will happen if you do not , right ?

It goes without saying that with Mrs Henning, Mrs Appelcryn and Mr Fisher on the same boat, Randfontein High School is destined for greatness.

- Lurhan Maraba



THE CLASS OF 2016 SETS AN EXAMPLE!



**BLITZ
BRIGADE**

THE GR12'S OF 2016 - A FORCE TO BE RECKONED WITH! A BACHELOR'S PASS OF 75% - HOW DID THEY DO IT?

ACCOUNTABILITY GROUPS

In term 1 the Grade 12's were placed into Accountability Groups. Each group is headed by a RCL member and consists of five members in a group. The role of the group is two-fold: first, to ensure that all members are actively engaged with their subjects and adhering to deadlines and secondly, to ensure that our expectations regarding our goal is constantly communicated and strived for.

The leaders submit reports on developments in the group and at this stage there appears to be some competition as to who runs the best group. The Chairman of the RCL helps co-ordinate the group leaders. Groups have formed their own chat platforms to stay in touch and to keep our dream alive.

One good practice of the Accountability Groups is that all learners submit their tasks on time and also tasks of a satisfactory standard. In cases where a learner is not cooperative, the group leader will inform me and a counselling session will be arranged.

DIGITAL DEVICES

Only a small number of matriculants are without devices. The subject content is made available to the respective learners. The utilisation of digital devices has a positive impact on learning and teaching.

My aim is to get learners and teachers to adopt a *smart* approach to digital learning and teaching.

STRATEGIES FOR TERM 3

Strategies for academic intervention based on the Midyear Examination results:

- Completion of curriculum in all subjects
- Oral moderation for English Home language and Afrikaans First Additional Language
- Planning the Class of 2016 Bell Tower gift to the school
- Fundraising for the Bell Tower
- Planning the Valedictory ceremony
- Planning the Matric farewell
- Compilation of a committee who will take responsibility for Class of 2016 reunions

To date, our goal remains fixed and no obstacle will prevent us from reaching the 100% Bachelor pass goal!

- Mr J Fisher



Globetrotting debaters at it again!

Debaters have been famed for breaking not only local and provincial, but also national barriers. Now 6 debaters have taken it a step further as they prepare to compete at 'Heart of Europe', in the Czech Republic. They will debate about topics ranging from enshrining LGBT rights to incentivising the public to house refugees. The RHS Debating Society have already started the year well by ending up 2nd at the SACEE Preliminary rounds with EXCO Member Tshepo Mofokeng winning Best Speaker. In addition, our B team has gross experience from winning 'Books Botswana' in December 2015. The team is extremely buoyant and will be ready to go head-to-head against some of the world's best debaters in one of the biggest competitions.

- Agisang Sibanda



Alpha team in 'debate mode'



Beta team preparing for the 'Books

Botswana Final'



RANDFONTEIN HIGH SCHOOL WINS NATIONAL ACTING COMPETITION

What does it take to win a National acting competition? Many hours of self-exploration, dedication, repetition, repetition, repetition and then the ability to deliver it all as if it is being said and done for the first time.

Cantona James and Stacey-Ann Phillips, both grade 12 learners at Randfontein High School, auditioned for entry into the kykNET Nasionale Toneelspel Kompetisie, hosted by Hoërskool Bellville in Cape Town. The audition rounds were held in Pretoria in March around South Africa. This year's entries tallied 500 candidates from schools around the country. Cantona and Stacey-Ann were among the 80 candidates who were selected to proceed to the four elimination rounds, which took place in Cape Town from 19th to 21st May, 2016. Both had to prepare three different pieces ... a monologue, a poem and a piece of prose ... which had to be performed separately during the elimination rounds and then one after another on the final evening.

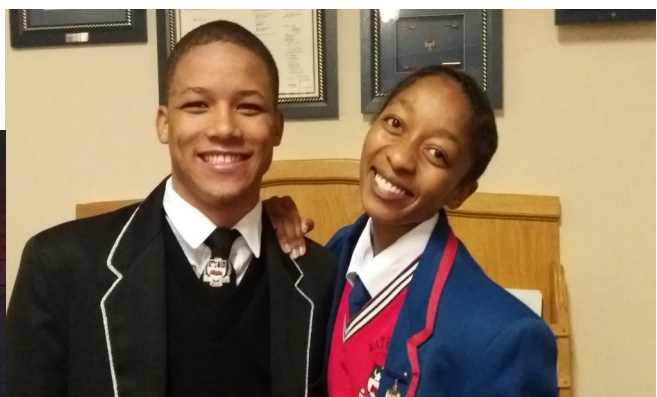
During the elimination rounds, the participants were thinned out from 80 to 32, to 16 and then the final 8 candidates performed in the final round. In between the elimination rounds, the candidates were auditioned by Radio Sonder Grense for their youth story series called "Ratels" and for eligibility for auditions as a commentator on Radio Sonder Grense. In addition, the candidates visited the kykNET set of "Suid Oosters", where they were auditioned in front of cameras for a role in the soap opera series. Finally, kykNET's production crew for "Binnelanders" also auditioned candidates for a role in their soap opera series. At each of these events, the participants received marks to grade their work for eligibility into the final round of the competition.

Stacey-Ann Phillips was selected to participate in the RSG series of "Ratels" and, if the radio station finds her a suitable candidate, she will be signed on for more recordings. The first recordings will be made in Auckland Park at the RSG studios.

Cantona James was announced as one of the final 8 candidates and performed at the finale at Artscape Theatre in Cape Town on the evening of Saturday 21 May.

In reward for stellar performances and his incredibly hard work, Cantona James won the kykNET Nasionale Toneelspel Kompetisie. He was awarded a cash prize; won a full scholarship to study Dramatic Arts at Stellenbosch University; has been selected to perform in a play that will be written specially for four candidates to perform at the prestigious Afrikaans Woordfees in Stellenbosch.

The principal, Mrs M Henning, was delighted to attend the finale and joins the faculty and learners at Randfontein High School in congratulating both Cantona James and Stacey-Ann Phillips for their remarkable accomplishments.



SAASTA DEBATE PROVINCIAL CHAMPIONS



From left to right: Mr Fisher, Temaswati Dlamini, Thabang Khumalo, Boitumelo Ramathlape, Jesse Daniels and Nkanyezi Sikakane.

RHS retains SAASTA Debate supremacy move one step closer to New York.

Last year, the SAASTA debaters won SAASTA Provincials in style with Lurhan Maraba winning Best Speaker and came close to winning Nationals, taking up 2nd place in this well-known Debating Competition. Thankfully, we've got a second bite at the cherry. On the 28 of May, we played host to the competition in the Media Centre. The topic that was debated was based on Hydro-fuel and whether or not it has value and a future in South Africa's power generation grid. After a long, arduous day, RHS - as we usually do - prevailed over rich private schools like Crawford Pretoria, Oprah Winfrey Academy for Girls and Spring Boys High. Adjudicators praised us for our consistency, clever wordplay, clarity and most importantly, direct engagement of the topic.

This year, Nkanyezi Sikakane was hailed as the best speaker for her stellar performance. Despite her individual accolades, the victory was a team effort and they will use this team spirit at Nationals. Deputy Principal, Mr Fisher, is bullish about our chances of getting the grand prize of an all expenses paid trip to New York, but to get to the city that never sleeps, they have to burn the midnight oil and work twice as hard because the competition at Nationals is intensely stiff. If their latest performance is anything to go by, we've got a wonderful chance at lifting SAASTA gold.

- Agisang Sibanda



RHS HOCKEY BOYS FLICK & DRIVE THEIR WAY THROUGH TOURNAMENT

Randfontein High School's Junior and Senior hockey teams were, once again, invited to participate in the prestigious annual Aitken and Boden Hockey Tournament, held over the weekend of 13 to 15 May 2016.

The Senior Aitken Trophy, which was held predominantly at the Wanderers Cricket Stadium this year, is made up of three sections, namely A, B and C with sixteen teams allocated to each section. This meant a total of forty eight hockey schools took part in this section of the tournament.

The U/15 category which was played at Fourways High School, saw thirty two schools competing against each other for the privilege of being named the hockey kings of Gauteng.

Saturday saw a downpour of rain which left the crowd feeling as though they were attending a swimming tournament rather than a hockey one, but nothing could put a damper on our boys' indomitable spirit.

They jumped right in, often helping the groundsmen by sweeping off the astro, and got on with the business at hand - displaying their true RHSian style.

Our First Team played six games over the duration of the tournament: Roosevelt High School 0-0; Woodlands High School 1-0; King's School Westrand 1-2; Linden High School 1-0; Boksburg High School 2-5 on penalties and Roosevelt High again with a score of 1-2. Neo Ramokhoase was the top goal scorer for the team, with 2 goals and 1 penalty flick or in hockey terms a p-flick.

Our U/15s played five games, one against a club – Silverstars Diepsloot - and literally went from strength to strength, never giving up even though the going got tough.

Well done boys, keep showing them what you're made of. #RHSians – always hungry!



NETBALL - IT'S A WAY OF LIFE

The U/14 girls netball team, coached by Mrs Schoonraad and outside coach Tebogo Thwani has proven to us that there is no such thing as backing down! They had a successful hunting season.

The U/14 girls won the league and played against two other schools from different districts, they ended up at Inter District level where they had a very close game against King's School. I spoke to one of her players, Khanya Ngcizela, and she said that they owe their success to practicing from early in the year, they are also from different primary schools and it was quite a challenge to form a new team.

Thank you to Mrs Hilda Sekomela, SGB member and who is also on the Sports Portfolio, for your support and umpiring. Much appreciated.

I'm certain that these girls and their coach is 'SHANANA!!'

- Nokwazi Dlamini



Chess - making the move towards victory

The chess here at RHS has become very prosperous and has captured the interest of many children at school, including me. Chess is able to enhance your critical thinking skills and it can help you improve your academic results. The chess players have become more diligent at the game - you could see them during break "castling", getting into "check" or even losing their "queens" on a bad day. However, they always find a way to win !

In an interview with Mr Naidoo, the chess coach, I have ascertained the following :

- Mr Naidoo became the chess coach at the beginning of term 2.
- He feels that he has strong teams, but they need to work extra hard in order to achieve their true potential.
- He was very proud of Ruan Carlinsky who made it to the provincial level for chess.
- There is a chess tournament coming soon and he feels that with dedication, their competitive lion spirits and a lot of practise, they will triumph.

Chess is like that guy whom you have known for a long time and has suddenly piqued your interest. To those of you feeling this way , I encourage you to join the chess team. After all, only good can come from it.

- Lurhan Maraba

Cross Country season running into gear

Our super athletes are readying their super sonic engines for the upcoming cross country season.

Cross Country, may look like a few sprints, but it is exactly what it is, crossing the country! It requires an extraordinary level of stamina, athleticism and most of all, the will and determination to not cave in and drop the towel. Dedication is wonderful but this sport requires insane fitness or two hearts. Thankfully, the school is equipped with hard-working athletic staff and talented student athletes ready to take the cross country scene by storm.

- Agisang Sibanda



CHAMPIONS BELIEVE IN THEMSELVES

The rugby at Randfontein High School officially kicked off! After attending a very successful sports tour during the holiday, the boys returned with new found knowledge and determination.

They embarked on their very first sevens rugby match where they participated at Trinity House Little Falls' Sevens festival. Their first game was quite challenging seeing that the boys had to deal with severe rain and weather conditions; they were both mentally and physically challenged. This match was against Trinity House's U/15 team where we lost 20 – 0, however the boys recovered well in their second game against Sagewood, where they won 10 – 7. Their last game for the day was against the same Trinity House team and the boys showed perseverance and determination, the final score was 10 – 5.

The next game took place on the 25th of May against Trinity House Little Falls, where XV man rugby will be played. A new challenge awaits and the boys are ready.

They also participated in the Kings School Robin Hills' Winter Sports sevens tournament which took place on the 28th of May 2016. It might still be early days for RHSian rugby, but what is still to come will be remembered!

- Limpho Thipane



FOOTBALL FEVER ON FLEEK

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This year RHS is really stepping up to the plate. Our good old friend - soccer - is back by popular demand! This time stronger and more goal-driven than ever before.

In a riveting interview with Mr Molapisane, the manager of soccer, the following came to light:

- The names of the soccer teams are: RHLions 15, RHLions17 and RHLions19.

- He is extremely proud of the U/15 team which has been playing very well and has not lost any games in an open play.

- He has only started being the manager this year and he has been enjoying it ever since.

- The U/15 coach is Nyathi Ntloko, an RHS Old Boy and a well-known soccer player. He has been doing a great job and he has led the team to second place in the regional Coca-Cola Tournament between Gauteng West and Johannesburg West Districts. Unfortunately, the team lost in the final on penalties against Magaliesburg State School. However, they definitely showed their tenacity and class in true RHS fashion.

- Mr Molapisane and Mr Ntloko are planning to consolidate last season's performances and want more attract more junior players to join the team.

- The 5-A-Side Soccer Tournament which captured the entire school's attention is an initiative by the RCL. The students and even the teachers raced to the "Quad" to witness this extraordinary event. It will be a feature going forward and they are planning to make it more widespread by opening it to the wider learner body including those who sit in the media centre during breaks !

- Interestingly, Mr Molapisane has no experience as a soccer manager or player. Instead he is a basketball player. However, due to his keen interest in assisting the soccer players to hone their skills and being victorious, nothing will stand in his way.

- Mr Molapisane's thoughts on his teams are that they are "a group of boys who have become true fighters on and off the fields. They are proud to wear the RHS jersey and represent us with distinction and grit."

- He also said that it is the most demanding job to look after his players but yet fulfilling.

The Fly Refresh Committee bids the soccer teams good luck in their future prospects and know that they are going to emerge victorious! In goodness they will find their victory.

- Lurhan Maraba



LOCAL GOLFERS TRAVEL THE "WORLD"

Randfontein High School hosted its Annual Golf Day at Goldfields West on Friday, 6 May 2016 and saw a lot of new golfers joining the field.

In addition to being able to play golf in an idyllic setting and becoming one with nature – birds chirping in the trees, buck roaming freely on the fairways and monkeys cavorting all over the place - the golfers travelled the “World” in 18 holes, with each hole being representative of a country.

They were able to experience the traditions of the British Isles and the joys of Europe with some players being hoodwinked by the Irish Leprechauns and warmed up by the hospitality of the Russians. The festivity of the South American countries had the golfers doing the Salsa while the Ubuntu of South Africa made everybody feel right at home. What better way to spend your Friday!

Randfontein High School would like to take this opportunity to thank all their sponsors as well as all the players for making this day a huge success, your dedication to our school is much appreciated and would not have been possible without your generous contributions and attendance.

Don't miss out on our next golfing extravaganza - contact the school on (011) 693 5220 and place your name on our email list.

Adieu, auf wiedersehen, ciao, totsiens and goodbye until next year!



CAR BOOT SALE FUN

On the 9th of April , Randfontein High School hosted the “fun day & car boot sale.” We had sports activities such as netball and hockey and we competed against Hoërskool Jan De Klerk and Die Adelaar.

Besides the sports that took place, parents and children had different activities to participate in. Jumping castles for the children (even a few parents), car boot sales where a number of valuables were sold for next to nothing and a “show and shine” session for the young at heart that bragged with their upbeat vehicles. With amazing food stalls and great music playing throughout the day, this day was a sure success!

- Kwazikwenkosi Biyela



RHS' RADICAL REFRESHMENT



Our multi-million rand upgrade seems to be happening at a speedy rate.

The construction has caused quite a stir in the school since its initiation, one such stir, is the tuck-shop having many homes. But as life tends to do, it's given us light at the end of this dark, loud and dusty tunnel.

The builders are working tirelessly to get the school spiff. The upgrades have included: repainting, replacing old roof trusses and gutters, new long lasting flooring, new underground pipes, and, one of the most welcomed additions, new ablution facilities, electricity, fencing and tiling.

I for one will miss the Tupperware village once all the classes are ready, but we are gaining something that'll elevate the standard of our wonderful dream factory.

- Agisang Sibanda



TEACHER OF THE TERM

MS COEN!

**AS YOU KNOW , OUR STUDENTS AND STAFF FIND IT MANDATORY TO
ACKNOWLEDGE THE LOVED AND THE DILLIGENT!**

We all know that teachers are meant to educate and guide us during school hours. However, this woman is much more than just a teacher and I think that it is about time that we thank her. She is strong, caring, loving and understanding. Is this too simple? Okay, Ms Coen is a butterfly amongst caterpillars, she is a rose amongst thorns, she redefines your common understanding of beauty by just the use of her words and has this peculiar way of bringing life to a non-living object. She puts in so much effort in what she does and even though her students might not listen to her when she speaks at that moment, someday we will remember her words because she doesn't speak a common language, she speaks a language of wisdom, knowledge and logic.



WE ASKED THIS PHENOMENAL WOMAN THE FOLLOWING:

1. WHY ARE YOU TEACHING DRAMATIC ARTS TO HIGH SCHOOL STUDENTS?

I think dramatic arts offers learners insight into how we shape and reshape our world through generations of experiences, going beyond the norms and expectations of society.

2. WHAT HAS TEACHING CONTRIBUTED TO YOUR TAKE ON LIFE ?

Teaching IS taking me through a myriad of experiences and contributes to my own lifelong learning . It is when the learners immerse themselves into critical thinking that I receive the adrenalin to keep on fighting.

3. HOW DO YOU KEEP LEARNERS EXCITED AND MOTIVATED ?

When the learners allow their inhibitions of the 'right answer' go and begin engaging in extra-terrestrial conversation, the energy generated from that is what drives them forward, intrinsically.

4. WHAT SPIN HAS RHS CREATED IN THE CONVENTIONS OF TEACHING ?

They actively endorse life long learning as a fundamental of education, but beyond this allows the learner to unearth their love for learning.

5. HOW OFTEN DO YOU LAUGH WITH YOUR LEARNERS PER DAY ?

It is in those strange moments when looking through the corridor and seeing learners smile in the corridor; greet teachers warmly or make quick witted remarks that force bursts of laughter .

- Nokwazi Dlamini & Nkanyezi Sikakane



It's prayer time!

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RHS is a school open to all religious observances. No learner is coerced to participate, it is a voluntary practice. Tolerance and respect for all religions are encouraged throughout the curriculum. Our chapel, for instance, is a neutral area where anyone can spend a quiet moment. The staff and learners represent a variety of religions and all thrive in harmony and respect. The Department of Education encourages religious observance at schools. An organisation called Faith-based Organisations for Quality Education was launched in 2013 and it is thriving at many public schools. RHS has a 100% matric pass rate for many consecutive years and this is due to our values of self-respect and tolerance.

- Nokwazi Dlamini



Yes girl, know yourself!

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With waists getting tinnier and butts growing bigger , the difficulty of remaining who you are is increasing by the second in our ever growing world . In every beat per minute there are approximately 45 new local uploads which prove just how much you'll never be the only girl in the world who can dance the “wewe” without people whispering flesh burning untruths about you !

Now you walk through the corridors , looking from both sides at mouths moving , hearing faint noises that provoke you to the point of no return . You find your victim , the opportunity to silence all the haters presents itself in this very moment , you instantly raise your back hand which fast approaches the face of the gossipier...

FREEZE!

IS THIS REALLY WHO YOU ARE?

Here are a few things to think about before the battle ensues :

1. Is this the image you would like to place upon yourself?
2. Is your anger greater than your reason?
3. What did that small voice inside of you say?
4. How will this bring an end to the rumours that surround you?
5. Do you like your fingers and hands enough not to hurt them?

- Nkanyezi Sikakane



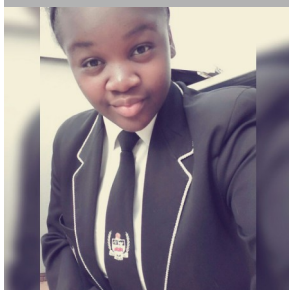
JOURNALISTS' CREDITS



Agisang Sibanda

Sports journalist

A student/debater/writer/humour philanthropist/football addict/
Liverpool fan.



Nokwazi Dlamini

Sports journalist

It is an absolute honour to be a part of this team!



Limpho Thipane

Academics journalist

I strive to motivate the learners of RHS to work hard!



Bontle Mfati

Covering social events

My job involves interviewing learners and teachers as well as
competitions.

that is news.



Kwazikwenkosi Biyela

Covering social events

Promoting all things fun at RHS!



Nkanyezi Sikakane

Culturals journalist

Happily an artist!



Lurhan Maraba

Academics journalist

Keep a lookout on what I have in store for you. Remember that with perseverance, hardwork and absolute humility, success is guaranteed! Stay fly at RHS...

*Writers'
Corner*



I write to live

and

I live to *write*

i am
always
writing a story in my
head.